

# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/01/2017															
All Saints / Lunch	Total														
Chicken Breaded Breast Pattie,	1 each	135	25	270	0.50	0.54	10.0	50	*N/A*	*N/A*	7.5	5.5	9.0	2.25	*N/A*
Potatoes - Seasoned Diced	1 cup	96	0	289	1.40	0.54	0.0	0	1.8	0	1.4	15.5	2.9	0.37	0.00
CARROTS:frozen, boiled	1 CUP	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
Mandarin Oranges	.5 Cup	40	0	10	0.50	0.18	10.0	150	10.5	9	0.5	10.0	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
French Toast Sticks	3 sticks	2	1	4	0.03	0.02	0.5	2	0.0	0	0.09	0.32	0.09	0.02	0.00
Butter Pattie	Patty	18	5	16	0.00	0.00	0.0	71	0.0	0	0.0	0.0	1.96	1.25	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Syrup/ ASCS	2 TBL.	35	0	3	0.00	0.07	7.7	0	0.0	*9	0.01	9.0	0.0	0.00	*0.00
MILK/MeadowGold 1%	8 oz.	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
Weighted Daily Average		586	52	929	5.84	1.77	607.3	13454	*18.18	*98	25.60	77.01	19.79	7.28	*0.00
% of Calories										*66.8%	17.5%	52.5%	30.4%	11.2%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Thu - 11/02/2017															
All Saints / Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Fri - 11/03/2017															
All Saints / Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

## Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

### Weighted Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 11/06/2017</b>															
All Saints / Lunch	Total														
Beef Finger Steak	4 Fingers	94	21	294	0.59	0.85	0.0	0	0.0	*N/A*	8.24	6.47	4.12	1.47	0.00
Potatoes - Baby Bakers	1 EA	50	0	90	0.00	0.36	0.0	0	0.0	0	1.5	8.5	1.0	0.00	0.00
GREEN BEANS: canned,cooked	1 CUP	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
Dinner Roll: 110	1 Roll	69	0	67	1.11	0.58	11.1	1	0.04	*2	2.19	12.41	1.36	0.21	*0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Cold Cereal	1 cup	58	0	72	0.30	3.97	40.0	251	3.01	*1	0.7	11.43	1.25	0.15	0.00
APPLESAUCE	1 Cup	60	0	10	2.00	0.00	0.0	0	2.4	12	0.0	15.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		528	36	936	6.28	6.40	473.7	1063	11.36	*86	25.15	81.46	11.90	4.40	*0.00
% of Calories										*65.0%	19.1%	61.7%	20.3%	7.5%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

<b>Tue - 11/07/2017</b>															
All Saints / Lunch	Total														
Hamburger on Bun	1 hamburger	150	22	200	1.00	1.44	20.0	0	0.0	*N/A*	9.99	12.0	7.24	2.50	0.00
Potato Wedge Chicken Seasoned	.5 Cup	55	0	195	1.00	0.54	10.0	50	4.5	1	1.5	10.5	1.0	0.00	0.00
Carrot Sticks	1/2 Cup	9	0	15	0.62	0.07	7.3	3670	1.3	1	0.2	2.1	0.05	0.01	0.00
CUCUMBER,PEELED,RAW	1/2 Cup	4	0	1	0.21	0.07	4.2	21	0.95	0	0.18	0.64	0.05	0.00	0.00
Pears/ Frosty Acres: Sliced	1/2 Cup	25	0	0	1.50	0.00	0.0	0	1.8	4	0.0	7.0	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
BANANAS	1 EACH	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Applesauce	1/2 Cup	25	0	2	1.00	0.00	0.0	0	0.6	6	0.0	7.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		546	38	709	7.64	2.64	574.0	4350	15.35	*91	25.13	82.39	30.11	5.62	*0.00
% of Calories										*66.8%	18.4%	60.4%	49.7%	9.3%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/08/2017															
All Saints / Lunch	Total														
Pizza/ Cheese	1 each	120	5	177	1.34	0.93	113.6	182	2.25	*3	6.58	16.67	3.2	1.21	*0.00
Pizza/ Pepperoni	1 each	142	10	254	1.54	0.89	112.2	123	0.22	*3	7.38	16.52	5.41	2.06	*0.07
Lettuce Salad	1 Cup	4	0	3	0.21	0.00	4.3	425	1.28	0	0.21	0.64	0.0	0.00	0.00
PEACHES,CANNED,LIGHT SYRU	1/2 Cup	34	0	3	0.82	0.23	1.9	222	1.51	8	0.28	9.13	0.02	0.00	0.00
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
French Toast Sticks	3 sticks	2	1	4	0.03	0.02	0.5	2	0.0	0	0.09	0.32	0.09	0.02	0.00
Butter Pattie	Pattie	18	5	16	0.00	0.00	0.0	71	0.0	0	0.0	0.0	1.96	1.25	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Syrup/ ASCS	2 TBL.	35	0	3	0.00	0.07	7.7	0	0.0	*9	0.01	9.0	0.0	0.00	*0.00
MILK/MeadowGold 1%	8 oz.	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
Weighted Daily Average		668	41	822	5.94	2.53	918.7	1850	9.45	*108	31.24	97.84	33.53	8.34	*0.07
% of Calories										*64.7%	18.7%	58.6%	45.2%	11.2%	*0.1%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Thu - 11/09/2017															
All Saints / Lunch	Total														
Turkey Gravy	1/2 Cup	45	14	152	0.05	0.25	2.0	0	0.0	*0	4.88	1.65	1.56	0.51	*0.00
Mashed Potatoes	1/2 Cup	48	0	118	0.96	0.17	11.4	2	14.39	0	0.96	10.55	0.0	0.00	0.00
BROCCOLI: frozen, boiled	1/2 Cup	13	0	5	1.38	0.28	15.2	465	18.45	1	1.43	2.46	0.06	0.01	0.00
Mandarin Oranges	.5 Cup	40	0	10	0.50	0.18	10.0	150	10.5	9	0.5	10.0	0.0	0.00	0.00
Dinner Roll: 110	1 Roll	69	0	67	1.11	0.58	11.1	1	0.04	*2	2.19	12.41	1.36	0.21	*0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00

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Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
All Saints K-6 Breakfast	Total														
Pancakes	2 each	80	2	141	0.88	0.62	44.6	31	0.12	*1	2.59	14.83	1.32	0.31	*0.00
Sausage Patty	2 oz.	100	32	211	0.02	0.44	7.8	3	0.23	0	8.62	0.18	6.97	2.59	*0.00
PEACHES: canned,light syrup	.5 CUP	34	0	3	0.82	0.23	1.9	222	1.51	8	0.28	9.13	0.02	0.00	0.00
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
MARGARINE,REG,UNSPEC OILS ,W/SA	2 Tsp	34	0	44	0.00	0.00	1.4	168	0.01	*N/A*	0.01	0.03	3.79	0.71	0.70
SYRUP,PANCAKE,W/BUTTER	2 TBSP	57	0	57	0.00	0.02	0.4	0	0.0	14	0.0	14.26	0.02	0.00	*N/A*
Weighted Daily Average		631	55	962	5.71	2.77	407.2	1545	47.06	*101	29.49	92.07	16.35	5.10	*0.70
% of Calories										*64.2%	18.7%	58.4%	23.3%	7.3%	*1.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Fri - 11/10/2017															
All Saints / Lunch	Total														
Chicken Nuggets	5 each	137	25	274	0.51	0.55	10.1	51	0.0	*N/A*	7.61	5.58	9.13	2.28	*N/A*
Tri-Taters	Patty	51	0	142	0.51	0.00	0.0	0	0.61	1	0.51	7.09	2.28	0.25	0.00
GREEN BEANS: canned,cooked	1 CUP	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Maple Bites	4 Bites	120	0	130	2.00	0.72	0.0	40	0.0	8	2.0	22.0	2.0	1.00	0.00
Peaches,Diced	1/2 cup	35	0	5	0.00	0.00	0.0	150	0.6	6	0.0	8.5	0.0	0.00	0.00
PEARS,CND,LT SYRUP,DRND	1/2 Cup	32	0	3	1.53	0.16	3.4	0	0.4	*N/A*	0.13	8.57	0.02	0.00	*N/A*
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		572	41	956	6.83	2.07	436.2	1052	7.52	*86	22.77	79.38	17.60	6.10	*0.00
% of Calories										*60.2%	15.9%	55.5%	27.7%	9.6%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/13/2017															
All Saints / Lunch	Total														
Spaghetti	1 Cup	151	20	210	2.04	1.72	34.0	359	6.21	*3	8.78	18.61	4.78	1.75	*0.00
Lettuce Salad	1 Cup	4	0	3	0.21	0.00	4.3	425	1.28	0	0.21	0.64	0.0	0.00	0.00
Mixed Fruit	.5 Cup	30	0	2	0.50	0.00	0.0	100	0.6	7	0.0	7.5	0.0	0.00	0.00
Dinner Roll: 110	1 Roll	69	0	67	1.11	0.58	11.1	1	0.04	*2	2.19	12.41	1.36	0.21	*0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Cold Cereal	1 cup	58	0	72	0.30	3.97	40.0	251	3.01	*1	0.7	11.43	1.25	0.15	0.00
APPLESAUCE	1 Cup	60	0	10	2.00	0.00	0.0	0	2.4	12	0.0	15.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		525	35	593	6.17	6.30	494.5	1711	15.34	*90	23.60	82.70	11.49	4.67	*0.00
% of Calories										*68.8%	18.0%	63.0%	19.7%	8.0%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Tue - 11/14/2017															
All Saints / Lunch	Total														
Tacos	2 each	179	28	240	1.80	1.04	74.6	113	1.23	1	8.8	13.39	9.7	3.00	0.07
Shredded Lettuce	1/4	1	0	1	0.08	0.03	1.3	35	0.2	0	0.06	0.21	0.01	0.00	0.00
Tri-Taters	Patty	51	0	142	0.51	0.00	0.0	0	0.61	1	0.51	7.09	2.28	0.25	0.00
FRUIT COCKTAIL:canned,lt syrup	.5 Cup	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
BANANAS	1 EACH	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Applesauce	1/2 Cup	25	0	2	1.00	0.00	0.0	0	0.6	6	0.0	7.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		683	43	756	7.91	2.30	740.8	1008	11.14	*111	24.13	103.39	51.34	6.88	*0.07
% of Calories										*64.8%	14.1%	60.5%	67.6%	9.1%	*0.1%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/15/2017															
All Saints / Lunch	Total														
Pronto Pups	1 each	137	22	352	1.68	1.06	31.6	17	0.05	*3	5.87	17.4	4.92	1.08	*0.03
Pork & Beans	1/2 Cup	60	0	185	3.00	0.90	20.0	100	1.2	3	3.0	11.5	0.5	0.00	0.00
Lettuce Salad	1 Cup	4	0	3	0.21	0.00	4.3	425	1.28	0	0.21	0.64	0.0	0.00	0.00
Peaches [sliced]	1/2	35	0	5	0.50	0.00	0.0	150	0.6	*N/A*	0.5	8.5	0.0	0.00	*N/A*
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
French Toast Sticks	3 sticks	2	1	4	0.03	0.02	0.5	2	0.0	0	0.09	0.32	0.09	0.02	0.00
Butter Pattie	Patty	18	5	16	0.00	0.00	0.0	71	0.0	0	0.0	0.0	1.96	1.25	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Syrup/ ASCS	2 TBL.	35	0	3	0.00	0.07	7.7	0	0.0	*9	0.01	9.0	0.0	0.00	*0.00
MILK/MeadowGold 1%	8 oz.	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
Weighted Daily Average		524	49	863	6.42	2.09	617.6	1589	7.33	*93	25.37	78.41	12.81	5.65	*0.03
% of Calories										*70.8%	19.4%	59.9%	22.0%	9.7%	*0.1%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Thu - 11/16/2017															
All Saints / Lunch	Total														
Beef Steak Patty	1 Steak	80	17	250	0.50	0.72	0.0	0	0.0	*N/A*	7.0	5.5	3.5	1.25	0.00
Mashed Potatoes	1/2 Cup	48	0	118	0.96	0.17	11.4	2	14.39	0	0.96	10.55	0.0	0.00	0.00
Gravy, Country	2 TBLs	11	0	69	0.00	0.09	0.4	0	0.0	0	0.0	1.42	0.47	0.24	0.00
CORN: frozen, yellow	1 CUP	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
Pears: Diced	1/2 Cup	37	0	2	1.00	0.18	0.0	40	0.6	8	0.0	10.0	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Pancakes	2 each	80	2	141	0.88	0.62	44.6	31	0.12	*1	2.59	14.83	1.32	0.31	*0.00
Sausage Patty	2 oz.	100	32	211	0.02	0.44	7.8	3	0.23	0	8.62	0.18	6.97	2.59	*0.00
PEACHES: canned,light syrup	.5 CUP	34	0	3	0.82	0.23	1.9	222	1.51	8	0.28	9.13	0.02	0.00	0.00
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
MARGARINE,REG,UNSPEC OILS ,W/SA	2 Tsp	34	0	44	0.00	0.00	1.4	168	0.01	*N/A*	0.01	0.03	3.79	0.71	0.70
SYRUP,PANCAKE,W/BUTTER	2 TBSP	57	0	57	0.00	0.02	0.4	0	0.0	14	0.0	14.26	0.02	0.00	*N/A*

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		659	59	1050	6.15	2.85	371.8	1133	21.56	*100	29.60	98.39	17.90	5.94	*0.70
% of Calories										*60.7%	18.0%	59.8%	24.5%	8.1%	*1.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Fri - 11/17/2017															
All Saints / Lunch	Total														
Tater Tot Casserole	1 serving	168	31	375	1.06	0.83	61.9	123	0.46	*0	9.22	10.11	9.98	3.95	*0.91
GREEN BEANS: canned,cooked	1 CUP	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
Mandarin Oranges	.5 Cup	40	0	10	0.50	0.18	10.0	150	10.5	9	0.5	10.0	0.0	0.00	0.00
Dinner Roll: 110	1 Roll	69	0	67	1.11	0.58	11.1	1	0.04	*2	2.19	12.41	1.36	0.21	*0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Maple Bites	4 Bites	120	0	130	2.00	0.72	0.0	40	0.0	8	2.0	22.0	2.0	1.00	0.00
Peaches,Diced	1/2 cup	35	0	5	0.00	0.00	0.0	150	0.6	6	0.0	8.5	0.0	0.00	0.00
PEARS,CND,LT SYRUP,DRND	1/2 Cup	32	0	3	1.53	0.16	3.4	0	0.4	*N/A*	0.13	8.57	0.02	0.00	*N/A*
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		631	47	987	7.48	3.11	509.1	1275	16.71	*91	26.57	91.75	17.53	7.72	*0.91
% of Calories										*57.7%	16.8%	58.1%	25.0%	11.0%	*1.3%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Mon - 11/20/2017															
All Saints / Lunch	Total														
Hot Dog on a Bun	1 each	120	20	408	0.99	0.90	30.1	0	0.61	1	6.02	11.89	5.8	1.52	0.00
Tater Tots	1 1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
Pork & Beans	1/2 Cup	60	0	185	3.00	0.90	20.0	100	1.2	3	3.0	11.5	0.5	0.00	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Cold Cereal	1 cup	58	0	72	0.30	3.97	40.0	251	3.01	*1	0.7	11.43	1.25	0.15	0.00
APPLESAUCE	1 Cup	60	0	10	2.00	0.00	0.0	0	2.4	12	0.0	15.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		482	35	908	7.29	5.80	495.3	926	10.23	*88	21.44	74.43	11.66	4.22	*0.00
% of Calories										*73.2%	17.8%	61.8%	21.8%	7.9%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Tue - 11/21/2017															
All Saints / Lunch	Total														
Chicken Nuggets	5 each	137	25	274	0.51	0.55	10.1	51	0.0	*N/A*	7.61	5.58	9.13	2.28	*N/A*
Potato Wedge Chicken Seasoned	.5 Cup	55	0	195	1.00	0.54	10.0	50	4.5	1	1.5	10.5	1.0	0.00	0.00
BROCCOLI: frozen, boiled	1/2 Cup	13	0	5	1.38	0.28	15.2	465	18.45	1	1.43	2.46	0.06	0.01	0.00
Mixed Fruit	.5 Cup	30	0	2	0.50	0.00	0.0	100	0.6	7	0.0	7.5	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
BANANAS	1 EACH	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Applesauce	1/2 Cup	25	0	2	1.00	0.00	0.0	0	0.6	6	0.0	7.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		538	41	775	6.70	1.90	568.0	1274	30.35	*93	23.80	76.18	31.95	5.40	*0.00
% of Calories										*69.1%	17.7%	56.6%	53.4%	9.0%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Wed - 11/22/2017															
All Saints / Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Thu - 11/23/2017															
All Saints / Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
All Saints K-6 Breakfast NO SCHOOL TODAY	Total SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		0	0	0	0.00	0.00	0.0	0	0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Fri - 11/24/2017															
All Saints / Lunch NO SCHOOL TODAY	Total SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
All Saints K-6 Breakfast NO SCHOOL TODAY	Total SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		0	0	0	0.00	0.00	0.0	0	0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Mon - 11/27/2017															
All Saints / Lunch Chili	Total 1 cup	124	8	351	4.33	1.98	51.9	482	7.93	*0	7.9	16.88	2.8	0.81	*0.00
Carrot Sticks	1/2 Cup	9	0	15	0.62	0.07	7.3	3670	1.3	1	0.2	2.1	0.05	0.01	0.00
FRUIT COCKTAIL:canned,lt syrup	.5 Cup	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Cornbread	1 each	82	15	126	0.40	0.57	15.2	123	0.02	3	1.63	11.78	3.12	1.84	*0.11
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast Cold Cereal	Total 1 cup	58	0	72	0.30	3.97	40.0	251	3.01	*1	0.7	11.43	1.25	0.15	0.00
APPLESAUCE	1 Cup	60	0	10	2.00	0.00	0.0	0	2.4	12	0.0	15.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average % of Calories		556	38	809	8.85	6.97	526.7	5354	18.77	*98 *70.8%	22.64 16.3%	92.36 66.5%	11.41 18.5%	5.37 8.7%	*0.11 *0.2%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

## Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

### Weighted Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/28/2017															
All Saints / Lunch	Total														
Hot Dog on a Bun	1 each	120	20	408	0.99	0.90	30.1	0	0.61	1	6.02	11.89	5.8	1.52	0.00
Tater Tot	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
Pork & Beans	1/2 Cup	60	0	185	3.00	0.90	20.0	100	1.2	3	3.0	11.5	0.5	0.00	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
BANANAS	1 EACH	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Applesauce	1/2 Cup	25	0	2	1.00	0.00	0.0	0	0.6	6	0.0	7.0	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
Weighted Daily Average		513	35	896	8.30	2.33	582.8	708	9.81	*95	22.29	81.03	28.07	4.63	*0.00
% of Calories										*74.2%	17.4%	63.1%	49.2%	8.1%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

Wed - 11/29/2017															
All Saints / Lunch	Total														
Beef Noodle Soup	1 Cup	88	14	401	1.08	*0.42	*48.2	*1791	*0.77	*1	5.93	8.53	3.19	1.22	*0.00
Goldfish/ Baked Whole Grain	1 Bag	50	3	85	0.50	0.18	10.0	0	0.0	0	1.5	7.0	1.75	0.50	0.00
Carrot Sticks	1/2 Cup	9	0	15	0.62	0.07	7.3	3670	1.3	1	0.2	2.1	0.05	0.01	0.00
CUCUMBER,PEELED,RAW	1/2 Cup	4	0	1	0.21	0.07	4.2	21	0.95	0	0.18	0.64	0.05	0.00	0.00
FRUIT COCKTAIL:canned,lt syrup	.5 Cup	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
All Saints K-6 Breakfast	Total														
French Toast Sticks	3 sticks	2	1	4	0.03	0.02	0.5	2	0.0	0	0.09	0.32	0.09	0.02	0.00
Butter Pattie	18	5	16	0.00	0.00	0.0	0.0	71	0.0	0	0.0	0.0	1.96	1.25	0.00
APPLESAUCE	.5 Cup	30	0	5	1.00	0.00	0.0	0	1.2	6	0.0	7.5	0.0	0.00	0.00
Cheese Stick	1 oz.	43	8	75	0.00	0.04	103.6	73	0.0	*N/A*	3.68	0.54	2.84	1.80	*N/A*
Syrup/ ASCS	2 TBL.	35	0	3	0.00	0.07	7.7	0	0.0	*9	0.01	9.0	0.0	0.00	*0.00
MILK/MeadowGold 1%	8 oz.	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
Weighted Daily Average		508	43	826	4.65	*1.20	*638.6	*6632	*9.51	*106	24.08	76.71	12.52	6.31	*0.00
% of Calories										*83.2%	19.0%	60.5%	22.2%	11.2%	*0.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 11/30/2017</b>															
<b>All Saints / Lunch</b>															
Turkey Pot Pie	1 piece	99	8	436	1.45	0.78	50.7	1948	2.48	*2	4.49	12.43	3.48	0.96	*0.01
PEAS: frozen,boiled	1/2 Cup	31	0	29	1.80	0.61	9.6	840	3.96	2	2.06	5.7	0.11	0.02	0.00
PEACHES,CANNED,LIGHT SYRU	1/2 Cup	34	0	3	0.82	0.23	1.9	222	1.51	8	0.28	9.13	0.02	0.00	0.00
Fruit and Grain Bar	Bar	80	0	67	1.00	0.36	125.0	0	0.0	8	1.0	14.5	17.5	0.50	0.00
MILK, 1% WHITE	HALF PINT	50	5	63	0.00	0.00	150.0	250	1.2	6	4.0	6.5	1.25	0.75	0.00
MILK, CHOCOLATE NONFAT	HALF PINT	60	3	90	0.00	0.00	150.0	250	0.6	59	4.0	10.0	0.0	0.00	0.00
<b>All Saints K-6 Breakfast</b>															
<b>Total</b>															
Pancakes	2 each	80	2	141	0.88	0.62	44.6	31	0.12	*1	2.59	14.83	1.32	0.31	*0.00
Sausage Patty	2 oz.	100	32	211	0.02	0.44	7.8	3	0.23	0	8.62	0.18	6.97	2.59	*0.00
PEACHES: canned,light syrup	.5 CUP	34	0	3	0.82	0.23	1.9	222	1.51	8	0.28	9.13	0.02	0.00	0.00
Milk: Nonfat Choc. or 1%	1/2 Pint	0	0	1	0.00	0.00	1.5	2	0.01	0	0.04	0.06	0.01	0.01	0.00
MARGARINE,REG,UNSPEC OILS ,W/SA	2 Tsp	34	0	44	0.00	0.00	1.4	168	0.01	*N/A*	0.01	0.03	3.79	0.71	0.70
SYRUP,PANCAKE,W/BUTTER	2 TBSP	57	0	57	0.00	0.02	0.4	0	0.0	14	0.0	14.26	0.02	0.00	*N/A*
Weighted Daily Average		660	49	1145	6.78	3.28	544.8	3936	11.62	*108	27.37	96.76	34.48	5.85	*0.71
% of Calories										*65.5%	16.6%	58.6%	47.0%	8.0%	*1.0%
Nutrient Guideline		500-575		885									<=30.0	<10.00	
Weighted Average		577	43	878	6.76	*3.31	*559.2	*2874	*15.96	*97	25.31	86.02	21.79	5.85	*0.19
										*150.8	17.5%	59.6%	34.0%	9.1%	*0.3%

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# All Saints Catholic School

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Combined: All Saints / Lunch/All Saints K-6 Breakfast

Weighted Values - Detailed

Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage										
Calories	577		500 - 575	100%					2	Correction Required - Calories too High							
Cholesterol (mg)	43																
Sodium (mg)	878		885														
Fiber (g)	6.76																
Iron (mg)	3.31				Missing												
Calcium (mg)	559.2				Missing												
Vitamin A (IU)	2874				Missing												
Sugars (g)	97	67.01%			Missing												
Vitamin C (mg)	15.96				Missing												
Protein (g)	25.31	17.55%															
Carbohydrate (g)	86.02	59.63%															
Total Fat (g)	21.79	33.99%															Correction Required - Total Fat too High
Saturated Fat (g)	5.85	9.13%		<=30.00%													
Trans Fat <sup>1</sup> (g)	0.19	0.30%		<10.00%		Missing											

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